

Key Tips & Technology for Hearing Better

CALIFORNIA HEARING CENTER

No one hears perfectly all the time, even people with normal hearing. Hearing devices help a great deal, but they do not solve every communication problem. We find the best results come from knowing what else you can do. Please try at least two of these options.

1 **Communication skills: 5 Keys**

Simple skills that help you hear better, especially in noisy places. Ask us for the handouts or the 5 Keys book.

2 **Listening training: LACE AI Pro**

Think of LACE as physical therapy for your brain. Auditory training strengthens how you process and understand sound. It helps you get the most from your hearing devices. Ask us how to get started.

neurotone.com/for-patients

3 **TV streamer or Auracast**

A TV streamer plugs into your TV and sends the sound to your hearing devices. You hear the dialogue at your own volume. Others can keep the TV at a normal level. We can order the compatible streamer for most major brands. Auracast is a newer wireless standard that can stream from other sources too. Support depends on your devices.

4 **Captioning glasses: Captify**

Smart glasses that show live captions of speech in your view. Ask us if they may suit you. Prices and features change, so check the maker's site.

captify.glass

5 **Wireless microphones**

A microphone such as Roger by Phonak is worn or placed near the speaker. It sends a clearer voice signal to your hearing device. It helps with noise, distance and echo.

phonak.com/en-us/hearing-devices/microphones

San Mateo: 88 N. San Mateo Dr., San Mateo, CA 94401

San Carlos: 1008 Laurel St., San Carlos, CA 94070

650-342-9449 · calhearing.com/hearing-better/ · Reviewed September 2026